

Winter 2025

"Delivering across the Greater Hume Region."
114 Albury Street, Holbrook. Ph: 02 6036 3677

DATE: _____

NAME: _____

ADDRESS: _____

PHONE: _____

OFFICE USE ONLY	
Packed	
Ent. Polixen	
TOTAL	

DELIVERY: YES / NO

DELIVERY DATE: _____

SALADS & SANDWICHES		PRICE	QTY
HB	Fresh Salad with cold meat	\$14.00	
HB	Fresh Sandwiches	\$9.50	
HB	Fresh Egg Sandwich	\$8.00	
PETITE MEALS		PRICE	QTY
MC	Beef Curry Sausages Mash & Veg	\$6.00	
MC	Beef Shepherd's Pie & Veg (GF)	\$6.00	
MC	Beef Lasagne & Veg	\$6.00	
MC	Chicken Honey Curry & Rice (DF)	\$6.00	
MC	Chicken Apricot & Mash	\$6.00	
MC	Chicken & Mushroom Casserole	\$6.00	
MC	Chicken Mornay with Spiral Pasta	\$6.00	
MC	Chicken Roast Gravy & Potato (GF,DF)	\$6.80	
MC	Pork Sweet & Sour & Rice (GF)	\$6.00	
MC	Pork Roast, Gravy & Potato (GF, DF)	\$6.80	
MC	Tuna Mornay & Mashed Potato	\$6.00	
JUICE (Price is per single juice. 6 pk=\$4.20)		PRICE	QTY
	Apple Juice	\$0.70	
	Orange Juice	\$0.70	
	Apple & Blackcurrant Juice	\$0.70	
	Bread Rolls - Donated by Holbrook Bakery (1 bread roll per meal)		
WINE - Donated by Casella Winery			QTY
	1 Wine per delivery		
	Merlot		
	Sauvignon Blanc		
	Shiraz		
	Cabernet Sauvignon		
	Pinot Grigio		
	Chardonnay		

SOUP		PRICE	QTY
G	Tomato (GF)	\$3.00	
G	Chicken and Corn (GF,DF)	\$3.00	
G	Chicken Noodle (DF)	\$3.00	
G	Beef & Vegetable (GF,DF)	\$3.00	
G	Chicken & Vegetable (GF)	\$3.00	
G	Creamy Pumpkin (GF)	\$3.00	
G	Leek & Potato (GF)	\$3.00	
G	Minestrone (DF)	\$3.00	
G	Pea & Ham (GF,DF)	\$3.00	
PETITE MEALS		PRICE	QTY
G	Beef Risssoles & Veg (GF)	\$5.80	
G	Beef Corned & Veg (GF)	\$5.80	
G	Beef Mince & Potato Bake (GF,SR)	\$5.80	
NC	Beef Sweet & Sour Meatballs & Rice	\$5.80	
G	Beef Slow Cooked	\$5.80	
FS	Beef Meat Pie & Mash (NEW)	\$5.80	
NC	Lamb Risssole with Gravy & Mash (NEW)	\$6.00	
G	Lamb Casserole & Mash (GF,DF)	\$5.80	
G	Lamb Roast & Veg (GF,DF)	\$5.80	
G	Barramundi with Lemon Butter & Veg (GF)	\$5.80	
G	Prawns Curried & Rice (GF)	\$5.80	

SUPPLIER LEGEND		
MC - MyChef/Farm Door Cuisine	FS - Flagstaff Fine Food	
G - Gourmet Meals	GM - The Good Meal Co.	
CW - Central West/Bathurst MOW	NC - Nuovo	
HB - Holbrook Bakery		

DIET LEGEND		
GF - Gluten Free, DF - Dairy Free		
LF - Low Fat, HF - High Fibre, S - Soft		
LS - Low Sugar, SR - Salt Reduced,		

Email: office@holbrookmealsonwheels.com.au

MAIN MEALS

	BEEF	PRICE	QTY		BEEF	PRICE	QTY
MC	Beef Bourguignon w/ Creamy Mash (GF)	\$8.20		G	Beef Cottage Pie, Mash & Veg (S,GF,SR)	\$7.70	
MC	Beef Curry Sausages & Mash (S)	\$8.20		G	Beef Casserole, Mash & Veg (GF,DF)	\$7.70	
MC	Beef Grilled Sausages, Gravy & Mash	\$8.20		G	Beef Roast, Mash & Veg (GF,DF,LF,SR)	\$7.70	
MC	Beef Lasagne & Vegetables (S)	\$8.20		G	Beef Corned, Mash & Veg (GF)	\$7.70	
MC	Beef Savoury Mince & Mash (GF)	\$8.20		NC	Beef Meatloaf, Gravy & Veg (GF)	\$7.70	
MC	Beef Shepherd's Pie & Veg (GF)	\$8.20		G	Beef Stroganoff, Mash & Veg (GF)(NEW)	\$7.70	
MC	Beef Spaghetti Bolognese & Veg (S)	\$8.20		G	Beef Risssoles & Veg (GF,SR,LF)	\$7.70	
	CHICKEN	PRICE	QTY		CHICKEN	PRICE	QTY
MC	Chicken Roast & Veg (GF,DF)	\$9.00		G	Chicken Sweet & Sour, Rice & Veg (GF,DF)	\$7.70	
MC	Chicken Schnitzel & Veg	\$8.20		G	Chicken Casserole & Baked Potato(GF)	\$7.70	
MC	Chicken French Casserole & Mash (GF)	\$8.20		GM	Chicken Kiev & Veg	\$7.70	
MC	Chicken & Mushroom Casserole	\$8.20			LAMB	PRICE	QTY
MC	Chicken Mornay with Spiral Pasta	\$8.20		G	Lamb Casserole, Mash & Veg (SR,GF,DF)	\$7.70	
MC	Chicken Parmigiana, Mash & Veg	\$8.20		GM	Lamb Risssole, Mash & Veg (GF)	\$7.70	
MC	Chicken Butter Curry & Rice (GF)	\$8.20			PORK	PRICE	QTY
	LAMB	PRICE	QTY	G	Pork Sausage, Mash & Veg (DF,GF)	\$7.70	
MC	Lamb Roast & Veg (GF,DF)	\$9.00		CW	Pork Honey & Pineapple Casserole (GF)	\$7.70	
MC	Lamb Shanks & Mash (GF)	\$9.00			SEAFOOD	PRICE	QTY
	PORK	PRICE	QTY	G	Prawns Curry & Rice (SR,GF)	\$7.70	
MC	Pork Roast, Gravy & Potato (GF,DF)	\$9.00		CW	Salmon & Veg Patties	\$7.70	
MC	Fettucine with Bacon Cream Sauce	\$8.20		G	Barramundi, Rice & Veg (GF,LF,SR)	\$7.70	
MC	Pork Sweet & Sour, Rice & Veg (GF,DF)	\$8.20			DESSERTS	PRICE	QTY
MC	Quiche with Bacon, Spinach & Cheese (NEW)	\$8.20		CW	Apple Pie & Cream (NEW)	\$3.70	
	SEAFOOD	PRICE	QTY	G	Lemon Cheesecake (NEW)	\$3.70	
MC	King Prawns in Garlic Sauce	\$9.00		CW	Lemon Meringue Pie	\$3.70	
MC	Fish Baked & Veg (S,GF)	\$8.20		G	Sticky Date Pudding	\$3.70	
MC	Fish Crumbed & Wedges	\$8.20		G	Bread & Butter Pudding	\$3.70	
	DESSERTS	PRICE	QTY	G	Strawberry Cheesecake (GF)	\$3.70	
MC	Baked Vanilla Rice Pudding (S,GF,LS,LF)	\$4.50		G	Berry Crumble & Custard (GF)	\$3.70	
MC	Chocolate Mousse (S,GF,LS,LF)	\$4.50		G	Apple Crumble (GF)	\$3.70	
MC	Chocolate Bavarian Pie (S)	\$4.50		G	Berry Cheesecake (GF)	\$3.70	
MC	Pavlova & Blueberries (S,GF)	\$4.50		G	Double Chocolate Pudding	\$3.70	
MC	Plum Pudding & Custard (S)	\$4.50		BL	Bulla Ice Cream Cup	\$1.60	
MC	Sherry Trifle & Custard (S)	\$4.50			PUREED MEALS	PRICE	QTY
MC	Baked Lemon Pudding & Custard (S)	\$4.50		G	Barramundi, Rice & Veg (GF,LF,SR)	\$7.70	
MC	Fruit Salad (GF)	\$4.50		G	Beef Cottage Pie, Mash & Veg (S,GF,SR)	\$7.70	
BL	Strawberry Frozen Yoghurt	\$2.20		G	Chicken Roast Gravy & Potato (GF,DF)	\$7.70	
BL	Mango Frozen Yoghurt	\$2.20		G	Lamb Roast (GF,LF)	\$7.70	
BL	Raspberry Frozen Yoghurt	\$2.20		G	Pork Roast (GF,SR,LF)	\$7.70	
	Lamington (NEW)	\$3.50					
	Piece of Carrot Cake (NEW)	\$3.50					

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