

# SUPPORT AT HOME MENU



**Nov-25**

"Delivering across the Greater Hume Region."

114 Albury Street, Holbrook. Ph: 02 6036 3677

Email: office@holbrookmealsonwheels.com.au



DATE: \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

OFFICE USE ONLY	
Packed	
Ent. Polixen	
TOTAL	

DELIVERY: YES / NO

DELIVERY DATE: \_\_\_\_\_

FRESH SALADS & SANDWICHES	PRICE	QTY
Salad with cold meat	\$19.00	
Sandwiches	\$14.50	
PETITE MEALS - FARM DOOR		
Beef Curry Sausages w/ Mash & Veg	\$11.00	
Beef Shepherd's Pie w/ Veg (GF)	\$11.00	
Beef Lasagne & Veg	\$11.00	
Chicken Honey Curry w/ Rice (DF)	\$11.00	
Chicken Apricot w/ Mash	\$11.00	
Chicken & Mushroom Casserole	\$11.00	
Chicken Mornay w/ Spiral Pasta	\$11.00	
Chicken Roast w/ Gravy & Potato (GF,DF)	\$11.00	
Pork Sweet & Sour w/ Rice (GF)	\$11.00	
Pork Roast w/Gravy & Potato (GF,DF)	\$11.00	
Tuna Mornay w/ Mashed Potato	\$11.00	

SOUP - MOW	PRICE	QTY
Tomato (GF)	\$6.00	
Chicken and Corn (GF,DF)	\$6.00	
Chicken Noodle (DF)	\$6.00	
Beef & Vegetable (GF,DF)	\$6.00	
Chicken & Vegetable (GF)	\$6.00	
Creamy Pumpkin (GF)	\$6.00	
Leek & Potato (GF)	\$6.00	
Minestrone (DF)	\$6.00	
Pea & Ham (GF,DF)	\$6.00	
JUICE - Price is per single juice box		
Apple	\$1.50	
Orange	\$1.50	
Apple & Blackcurrant	\$1.50	
Bread Rolls	\$1.00	

PETITE MEALS - MOW	PRICE	QTY	
Beef Rissoles & Veg (GF)	\$11.00		
Beef Corned & Veg (GF)	\$11.00		
Beef Mince & Potato Bake (GF,SR)	\$11.00		
Beef Sweet & Sour Meatballs w/Rice	\$11.00		
Beef Slow Cooked	\$11.00		
Lamb Rissolle w/ Gravy & Mash	\$11.00		
Lamb Casserole w/ Mash (GF,DF)	\$11.00		
Lamb Roast & Veg (GF,DF)	\$11.00		
Barramundi with Lemon Butter w/ Veg (GF)	\$11.00		
Prawns Curried w/ Rice (GF)	\$11.00		
Wine Donated by Casella - 1 per week or delivery		PRICE	QTY
Merlot	N/A		
Sauvignon Blanc	N/A		
Shiraz	N/A		
Cabernet Sauvignon	N/A		
Pinot Grigio	N/A		
Chardonnay	N/A		

DIET LEGEND
GF - Gluten Free, DF - Dairy Free
LF - Low Fat, HF - High Fibre, S - Soft
LS - Low Sugar, SR - Salt Reduced,

Please note: ALL PRICES ARE SUBJECT TO CHANGE AND ARE REVIEWED MONTHLY.

## SUPPORT AT HOME MENU

BEEF MAIN - FARM DOOR	PRICE	QTY	BEEF MAIN - MOW	PRICE	QTY	DESSERTS - FARM DOOR	PRICE	QTY
Beef Bourguignon w/ Creamy Mash (GF)	\$15.00		Beef Cottage Pie w/ Mash & Veg (S,GF,SR)	\$15.00		Baked Vanilla Rice Pudding (S,GF,LS,LF)	\$6.50	
Beef Curry Sausages w/ Mash (S)	\$15.00		Beef Casserole w/ Mash & Veg (GF,DF)	\$15.00		Chocolate Mousse (S,GF,LS,LF)	\$6.50	
Beef Grilled Sausages w/ Gravy & Mash	\$15.00		Beef Roast w/ Mash & Veg (GF,DF,LF,SR)	\$15.00		Chocolate Bavarian Pie (S)	\$6.50	
Beef Lasagne & Vegetables (S)	\$15.00		Beef Corned, Mash & Veg (GF)	\$15.00		Pavlova & Blueberries (S,GF)	\$6.50	
Beef Savoury Mince & Mash (GF)	\$15.00		Beef Meatloaf, Gravy & Veg (GF)	\$15.00		Plum Pudding & Custard (S)	\$6.50	
Beef Shepherd's Pie & Veg (GF)	\$15.00		Beef Stroganoff w/ Mash & Veg (GF)	\$15.00		Sherry Trifle & Custard (S)	\$6.50	
Beef Spaghetti Bolognese w/ Veg	\$15.00		Beef Rissoles & Veg (GF, SR, LF)	\$15.00		Baked Lemon Pudding w/ Custard	\$6.50	
Beef & Pork Meatballs w/ Spaghetti	\$15.00		<b>CHICKEN MAIN - MOW</b>			Fruit Salad (GF)	\$6.50	
<b>CHICKEN MAIN - FARM DOOR</b>			Chicken Sweet & Sour w/ Rice & Veg (GF,DF)	\$15.00		Strawberry Frozen Yoghurt	\$5.00	
Chicken Roast & Veg (GF,DF)	\$15.00		Chicken Casserole w/ Baked Potato (GF)	\$15.00		Mango Frozen Yoghurt	\$5.00	
Chicken Breast Schnitzel & Veg	\$15.00		Chicken Kiev & Veg	\$15.00		Raspberry Frozen Yoghurt	\$5.00	
Chicken French Casserole w/ Mash (GF)	\$15.00		<b>LAMB MAIN - MOW</b>			<b>DESSERTS - MOW</b>		
Chicken & Mushroom Casserole	\$15.00		Lamb Casserole w/ Mash & Veg (SR,GF,DF)	\$15.00		Apple Pie & Cream	\$6.50	
Chicken Mornay w/ Spiral Pasta	\$15.00		Lamb Rissole w/ Mash & Veg (GF)	\$15.00		Lemon Cheesecake	\$6.50	
Chicken Parmigiana, Mash & Veg	\$15.00		<b>PORK MAIN - MOW</b>			Lemon Meringue Pie	\$6.50	
Chicken Butter Curry & Rice (GF)	\$15.00		Pork Sausage, Mash & Veg (DF,GF)	\$15.00		Sticky Date Pudding	\$6.50	
Turkey Roast, Gravy & Roast Potato	\$15.00		Pork Honey & Pineapple Casserole (GF)	\$15.00		Bread & Butter Pudding	\$6.50	
<b>LAMB MAIN - FARM DOOR</b>			<b>SEAFOOD MAIN - MOW</b>			Strawberry Cheesecake (GF)	\$6.50	
Lamb Roast & Veg (GF,DF)	\$15.00		Prawns Curry & Rice (SR,GF)	\$15.00		Berry Crumble & Custard (GF)	\$6.50	
Lamb Shanks & Mash (GF)	\$15.00		Salmon & Veg Patties	\$15.00		Apple Crumble (GF)	\$6.50	
<b>PORK MAIN - FARM DOOR</b>			Barramundi, Rice & Veg (GF,LF,SR)	\$15.00		Berry Cheesecake (GF)	\$6.50	
Pork Roast w/ Gravy & Potato (GF, DF)	\$15.00		<b>SEAFOOD MAIN - FARM DOOR</b>			Double Chocolate Pudding	\$6.50	
Fettucine w/ Bacon Cream Sauce	\$15.00		King Prawns in Garlic Sauce	\$15.00		Bulla Ice Cream Cup	\$3.50	
Pork Sweet & Sour w/ Rice & Veg (GF,DF)	\$15.00		Fish Baked & Veg (S,GF)	\$15.00		Lamington	\$6.50	
Quiche with Bacon, Spinach & Cheese	\$15.00		Fish Crumbed & Wedges	\$15.00		Piece of Carrot Cake	\$6.50	
						Chocolate Muffin	\$6.50	

**PUREED MEALS ARE AVAILABLE, PLEASE CONTACT THE OFFICE FOR MORE INFORMATION**